

BUZZ



March & April 2024

BEIJING RIVIERA COMMUNITY MAGAZINE





BEIJING RIVIERA

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Clubhouse Operation Hours 俱乐部营业时间

Clubhouse 俱乐部

Sunday-Thursday 07:00 - 22:00
Friday - Saturday 07:00 - 23:00

Business Center 商务中心

Daily 09:00-18:00

Fitness Center 康体中心

Monday-Friday 06:00 - 22:00
Saturday - Sunday 07:00 - 22:00

Indoor Pool 室内游泳池

Monday-Friday 06:00 - 22:00
Saturday - Sunday 07:00 - 22:00

Outdoor Pool 室外游泳池

Sunday-Thursday 08:00 - 19:00
Friday - Saturday 08:00 - 20:00
(Winter is closed)



Message from the General Manager

Dear Members,

First and foremost, on behalf of the entire team at the Riviera Country Club, I extend a warm welcome to all of you and congratulate you on a delightful Spring Festival holiday. We are thrilled to have you back in our cozy community. The Spring Festival is a traditional Chinese festival, and at Riviera Country Club, our members not only experienced the joy of the festival but also graciously presented red packets to our hardworking staff. Your care and support have touched our hearts and reinforced our commitment to providing you with high-quality services. Please accept our sincerest gratitude on behalf of the entire staff.

March brings a refreshing spring atmosphere to Beijing, and on Sunday, March 31st, we will be hosting an Easter Bunny Egg Hunt event. We cordially invite children of all ages to participate and celebrate this joyous and enigmatic holiday together. Moreover, we are fervently organizing our monthly Weekend Market, a splendid marketplace where an assortment of goods will be available. We firmly believe that you will discover your favorite products here.

To offer you a more convenient and secure user experience, our club's fitness center will soon implement a facial recognition entry system. If any members are interested, please visit the membership department to complete the necessary procedures. We respect your choice, and you are free to decide whether to access the fitness center through facial recognition or by scanning your phone. Rest assured that the collected facial data will be strictly used for accessing the club's fitness facilities only.

We remain dedicated to cultivating Beijing Riviera as a warm and comfortable place for your lifestyle. Should you have any needs or inquiries while at the club, our staff is ready to assist you at any time. You can scan the QR code in the digital club newsletter, follow our official account, or contact the membership department staff to join the club's WeChat group. This will enable you to stay updated on the latest announcements.

Yours sincerely

Kenny Hon

尊敬的各位会员：

首先，我代表会所全体员工，向您致以最热烈的欢迎，祝贺您度过了一个愉快的春节假期，回到我们温馨的社区。春节是中华文化的传统佳节，香江会员们不仅享受节日带来的欢乐，还细心地为辛勤工作的员工们送上了春节红包。这份关怀与支持让我们倍感温暖，也让我们更加坚定了为会员们提供优质服务的决心。请允许我代表全体员工，向您表达最诚挚的感谢。

三月的北京春意盎然，我们于3月31日星期日举办复活节兔子捡彩蛋活动，诚邀大小朋友们共同参与，一同欢度这个充满欢乐与神秘的节日。此外，每月的周末购物节活动也在紧锣密鼓地安排中。这是一个汇聚各类商品的盛大集市，我们相信您一定能在这里找到心仪的商品。

为了给您提供更加便捷和安全的使用体验，会所康体中心即将实行人脸扫描入门系统。如有需要的会员，请移步至会员部办理相关手续。我们将尊重您的选择，您可自由决定是通过人脸识别还是手机扫描进入康体中心。

我们始终致力于将香江社区打造为您温馨舒适的生活场所。如果您在会所有任何需求或疑问，我们的员工随时准备为您提供服务。您可以通过扫描月刊上的二维码，关注会所公众号，或联系会所会员部员工，加入香江会所信息微信群，以便及时了解会所的最新动态和活动信息。

您诚挚的，

韩英杰

Beijing Riviera

EASTER EGG HUNT

复活节捡蛋

10:00 at the east lake (3-5 years old)

10:30 at the east lake (5-12 years old)

RMB80.00/Child

Ticket includes easter basket & egg hunt

Bouncy castle available

Beijing Riviera is holding the easter egg hunt on 31st March;
participants will be divided into different age groups and time slots!

Find the golden egg and stand to win attractive prizes!

(1 golden egg at each venue)

Advance registration required. Register at clubhouse reception.
please call 84506888.

Register before 25 March

2024
31 March
(Sunday)

HAPPY
Easter

Calendar of Fitness Activities for March & April 2024

Monday	Tuesday	Wednesday	Thursday
<p>HIT 高强度间歇训练</p> <p>(Dong Zhen Ying) 08:30-09:30 (Free for members)</p> <p>Yoga 瑜伽</p> <p>(Wang Xing Yu) 09:40-10:40 (Free for members)</p>	<p>Body Combat 莱美搏击操</p> <p>(Wu Pei) 08:30-09:30 (Free for members)</p> <p>Body Pump 杠铃操</p> <p>(Wu Pei) 09:40-10:40 (Free for members)</p>	<p>Zumba 尊巴</p> <p>08:30-09:30 (Free for members)</p> <p>Latin Dance 拉丁舞</p> <p>(Gao Lu) 09:40-10:40 (Free for members)</p>	<p>Body Pump 杠铃操</p> <p>(Wu Pei) 08:30-09:30 (Free for members)</p> <p>Body Combat 莱美搏击操</p> <p>(Wu Pei) 09:40-10:40 (Free for members)</p>



Friday	Saturday	Sunday	
<p>Zumba 尊巴</p> <p>(Miao Miao) 08:30-09:30 (Free for members)</p> <p>Yoga 瑜伽</p> <p>(Cheng Yi Hang) 09:40-10:40 (Free for members)</p>	<p>Yoga 瑜伽</p> <p>(Wang Xing Yu) 08:30-09:30 Member: RMB 30/P.P Non-member: RMB 80/P.P</p> <p>Pilates 普拉提</p> <p>(Cheng Yi Hang) 09:40-10:40 Member: RMB 30/P.P Non-member: RMB 80/P.P</p>	<p>Body Pump 杠铃操</p> <p>(Wu Pei) 08:30-09:30 (Free for members)</p> <p>Zumba 尊巴</p> <p>(Wu Jing) 09:40-10:40 (Free for members)</p>	<p>If there are any changes, we will inform our members at the Fitness Center</p>

花粉浓度“飙升”过敏性鼻炎要怎么护理？

原创 儿科 刘华医生 北京和睦家医院



症状

一年一季的春季花粉季节已悄悄到来，而患有过敏性鼻炎的宝宝对这春天的气息尤其敏感。

气象局也发出警告，随着气温升高，花粉浓度也将“飙升”，过敏人群一定要做好防护。



家长

Q1. 什么是过敏性鼻炎？

过敏性鼻炎其实包括两层意思，第一层是鼻炎，第二层是由过敏引起的鼻炎。

所谓鼻炎，就是鼻涕、鼻痒、鼻塞、喷嚏这4大典型鼻部炎症症状，例如感冒时出现的流鼻涕、鼻塞症状，也可以称为鼻炎，但这是属于病毒感染性的鼻炎，而非过敏性鼻炎。

所以，当有鼻炎症状时，我们还需要判断鼻炎的原因，是否由“过敏性”原因引起的。

仅有当患者在接触了过敏原之后，引起鼻痒、水样鼻溢、鼻充血（鼻塞），以及打喷嚏等鼻炎症状才被诊断是过敏性鼻炎。



图片来源: bigstock



家长

Q2. 过敏性鼻炎如何诊断？

大多数时候，医生通过症状就可以完成过敏性鼻炎的诊断。《儿童变应性鼻炎诊断和治疗指南（2022年，修订版）》[1]总结了如下部分要点：

1. 鼻塞

通常为儿童过敏性鼻炎最突出的症状，可呈间歇性或持续性，单侧或双侧，轻重程度不一，进食或睡眠时表现明显。

2. 流涕

大量清水样涕，有时可不自觉地从前鼻孔滴下，也可能流至鼻咽部引起刺激性咳嗽。幼儿通常不会搞鼻涕，而表现为反复吸鼻、咳嗽及清嗓等。

3. 鼻痒

常为异物感或蚁行感，患儿可频繁揉鼻。

“变应性敬礼”（allergicsalute）为儿童过敏性鼻炎的特殊动作，患儿由于鼻痒、鼻塞等不适症状，经常用手向上推移鼻尖或鼻翼。

4. 喷嚏

每天可数次阵发性发作，每次常多于3个，多在晨起、夜晚或接触过敏原后出现。

5. 其他症状

◎ 鼻出血是儿童过敏性鼻炎另一较为多见的症状，可在白天或夜间发作，多易止，部分患儿以鼻出血为主要症状就诊。

◎ 眼痒、眼红等症状也可在患儿中出现。

◎ 部分患儿同时有湿疹、哮喘等变应性疾病的相关症状。



体征

1. 主要体征

最主要的体征是双侧鼻黏膜肿胀、苍白，下鼻甲水肿，鼻腔内有多量清水样分泌物。

2. 特殊体征

◎ 过敏性黑眼圈：眼睑呈蓝黑色，多见于年幼

的患儿，由于眼部睑静脉和眼角静脉淤血回流受阻所致；

◎ **Dennie-Morgan 线 (Dennie 线)**：下眼睑皮肤上的新月形皱褶，可能与眼睑皮肤水肿和血液循环不良引起的睑板肌局部缺氧而出现持续痉挛有关；

◎ **过敏性皱褶**：由于患儿经常向上揉搓鼻尖和鼻翼，而在鼻部皮肤表面出现的横行皱纹；

◎ **唇上摩擦痕**：反复摩擦鼻尖与上唇之间的锥形区域导致的皮损。



图片来源: bigstock

儿童过敏性鼻炎症状的发作和持续时间不尽相同，当鼻塞、流涕、鼻痒、阵发性喷嚏等局部症状出现2项以上（含2项）、每日症状持续或累计1小时以上时，可根据症状进行初步诊断。

除了典型的鼻塞、流鼻涕、鼻痒以及打喷嚏等典型鼻炎症状，医生检查会发现一些特征性体征，例如眼睑下的过敏性“黑眼圈”，鼻梁上因为反复揉搓出现的横行皱褶，以及下眼睑的新月形皮肤皱褶（Dennie线）。

通过鼻窥镜，可以发现鼻粘膜肿胀、苍白，以及鼻甲的水肿等。通过病史、体检信息等临床信息，可以判断孩子是否为过敏性鼻炎。



家长

Q3. 过敏性鼻炎有多普遍？

儿童过敏性鼻炎自报患病率为18.10%-49.68%，确诊患病率为10.80%-21.09%，并呈增长趋势。也就是说，几乎每5个孩子中就有1个患有过敏性鼻炎。

显然，过敏性鼻炎的发病率跟孩子的年龄，以及生活地域有很大关系，年龄较大的青少年的

过敏性鼻炎的发生率更高，生活在内蒙、新疆地区似乎有更高的过敏性鼻炎发生率。

中华预防医学杂志 2022年6月第56卷第6期 Chin J Prev Med, June 2022, Vol. 56, No. 6

表1 中国儿童青少年过敏性鼻炎患病率的文献基本情况

第一作者	发表年份	调查地区	研究设计类型	研究对象年龄 (岁)	诊断标准	诊断方法	纳入研究数 (例)	患病率 (%)
杜春霞 ^[21]	2003	山东泰安市	横断面研究	3-7	过敏性鼻炎诊断与治疗学共识(1997,海口)	问卷调查+鼻分泌物涂片+鼻内镜	4 128	28.8
刘立立 ^[22]	2006	新疆乌鲁木齐市沙依布区	横断面研究	6-18	过敏性鼻炎诊断与治疗学共识(1997,海口)	问卷调查+鼻内镜	870	19.0
陈青 ^[23]	2009	新疆克拉玛依市	横断面研究	9-18	ARIA指南标准	问卷调查+SPY	2 305	27.7
Kang ^[24]	2009	湖北武汉市	横断面研究	3-6	ARIA指南标准	问卷调查+SPY	1 211	13.1
高健 ^[25]	2009	新疆乌鲁木齐市	横断面研究	3-7	ARIA指南标准	问卷调查+SPY	2 815	62.3
刘群 ^[26]	2012	贵州省贵阳市云岩区	横断面研究	7-15	过敏性鼻炎诊断与治疗学共识(2004,上海)	问卷调查+SPY+鼻分泌物涂片+鼻内镜	900	23.9
Zhang ^[27]	2013	浙江省宁波市江北区	横断面研究	3-5	ARIA指南标准	问卷调查+SPY	4 007	30.6
胡敏 ^[28]	2013	宁夏银川市兴庆区、金凤区、西夏区及贺兰县	横断面研究	5-14	过敏性鼻炎诊断与治疗学共识(2004,上海)	问卷调查+SPY	662	9.7
Ning ^[29]	2013	湖南省长沙市望城区、开福区、天心区	横断面研究	10-17	ARIA指南标准	问卷调查+SPY	2 089	38.9
陈海霞 ^[30]	2013	吉林省延边地区	横断面研究	11-18	ARIA指南标准	问卷调查+SPY	398	32.16
王威 ^[31]	2013	北京市东城区、西城区	横断面研究	7-15	ARIA指南标准	问卷调查+SPY	512	11.8
Wang ^[32]	2016	中国河北省	横断面研究	6-7	ARIA指南标准	问卷调查+SPY	2 661	79.9
陈思远 ^[33]	2017	重庆市	横断面研究	7-12	ARIA指南标准	问卷调查+SPY	1 170	20.0
Huang ^[34]	2018	北京市丰台区	横断面研究	6-14	ARIA指南标准	问卷调查+SPY	56	9.16
于静雅 ^[35]	2018	贵州省黔南布依族苗族自治州	横断面研究	6-12	过敏性鼻炎诊断与治疗学共识(2004,上海)	问卷调查+SPY	19 787	4.82
马晓娟 ^[36]	2019	内蒙古自治区呼和浩特市、包头市、二连浩特市	横断面研究	6-17	ARIA指南标准	问卷调查+SPY	2 441	35.1
李敏 ^[37]	2020	湖南省长沙市	横断面研究	1-12	ARIA指南标准	问卷调查+SPY	2 366	17.9
伊以娜 ^[38]	2020	内蒙古呼和浩特市、包头市、鄂尔多斯市	横断面研究	6-15	过敏性鼻炎诊断与治疗学共识(2004,上海)	问卷调查+SPY	179	7.8
Huang ^[39]	2021	中国河北省	横断面研究	3-6	ARIA指南标准	问卷调查+SPY	3 192	11.28
陈以标 ^[40]	2021	江西王城市	横断面研究	7-14	过敏性鼻炎诊断与治疗学共识(2004,上海)	问卷调查+SPY	3 415	64.5

注:ARIA为过敏性鼻炎及其对哮喘的影响,SPY为皮肤点刺试验

图片来源:王睿坤等,2001-2021年中国儿童青少年过敏性鼻炎患病率的Meta分析,中华预防医学杂志2022年6月第56卷第6期



家长

Q4. 哪些过敏原会造成孩子鼻炎？

发现并确定过敏原其实是治疗的第一步。预防和治疗的根本就是回避过敏原，认识到孩子是哪些过敏原引起的症状非常重要。

我们可以通过血液检查或者皮肤点刺试验，结合孩子的症状特点进行过敏原的明确。

以北京为例，北京地区以各种杂草花粉、树木花粉，以及尘螨和动物毛屑及真菌为主。

在北京世纪坛医院变态（过敏）反应科门诊统计过2017-2020吸入过敏原的调查中发现：位列前9位的都是各种杂草和树花粉，此外就是粉尘螨、户尘螨、尘土、动物毛屑、霉菌等[2]。



家长

Q5. 什么时候是花粉季节？

在北方地区，最主要的过敏原其实是风传花粉（通过风为媒介传播花粉的植物）。

所谓花粉季节，就是每年相对固定的几个月里，各种植物开始萌发、出芽、开花，也正是气传花粉植物的主要传粉季节，因而这个时间里花粉浓度非常高。

北京城区花粉致敏植物的盛花时期分为两个高峰期，第一个在春季（从3月份-5月份前后），这个季节以树木花粉为主。第二个在秋季（从8月开始到10月前后），这个季节以杂草花粉为主。

因此，花粉过敏宝宝在这些花粉季节来临之前就应该做好预防护理准备。



家长

Q6. 过敏性鼻炎如何治疗？

医生在诊断了过敏性鼻炎之后，首先要做的是明确可能的过敏原，而回避过敏原是治疗中很重要的第一步。

然后就是需要判断过敏性鼻炎的严重程度和类型，以及对孩子生活所造成的影响程度。接下来，根据严重程度分阶梯制定治疗决策，决定使用何种治疗，以及药物治疗的持续时间

◎ 治疗的主要药物包括：

鼻内皮质类固醇（即激素类喷鼻药物）、抗组胺药（即抗过敏药物）、口服白三烯受体拮抗剂、缓解鼻充血药等，需要在医生的指导下规范治疗。



家长

Q7. 如何预防花粉过敏？

对于有花粉过敏的宝宝，父母应该多关注天气预报中有关“花粉浓度指数”的报告，以便随时加强孩子的日常护理。

严重花粉过敏症状的孩子，可以赶在花粉季节来临前，在出现症状的2周前，根据医生的建议使用鼻炎的预防性药物。



日常护理要点

如今花粉季节来临，家长们要注意的包括[5]：

◎ 避免在清晨和傍晚带孩子出门，因为此时的花粉数量最高，当然下雨之后，花粉浓度可能会有所降低。

◎ 睡觉时关上卧室门窗，因为晨起和夜间室外的花粉浓度很高，这段时间内尽量减少开窗开门。



图片来源：bigstock

◎ 孩子在花粉季节外出时，可以佩戴边缘环绕型太阳镜（或泳镜），以及佩戴口罩，以便减少花粉对口鼻和眼睛眼结膜的刺激。

◎ 在户外晾晒衣被时，花粉会被带入室内，因此在花粉季节可以考虑使用烘干机烘干衣被，或者在室内晾晒。

◎ 花粉季节避免到农村山区或森林公园去，而海边因海风把花粉吹到内陆，到海边可能花粉浓度会更低点。

◎ 回家后洗澡、洗头、换衣服，避免头发衣物可携带花粉带入卧室内。

◎ 在鼻孔的边缘涂抹凡士林，也可以作为阻挡花粉的屏障。

◎ 用海盐水进行鼻腔冲洗器可以帮助洗掉花粉和刺激物。



北京和睦家医院
Beijing United Family Hospital

14th
ANNIVERSARY
2010-2024

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Water Filters,
Replacements
& more...

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off



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Mar./Apr. 2024 PROMOTION

2024年 3/4 月份促销

NOW
促销价 **498**

~~ORIGINAL 原价~~ **566**

Full Body Oil Massage 90 min
芳香精油按摩 90分钟

NOW
促销价 **398**

~~ORIGINAL 原价~~ **460**

Swiss Les Alpagnes Double Mask Essence
Cell Care 60min.

(incl. 10 min. Head, Shoulder, Hand Massage)

瑞士艾贝诗双层面膜精华细胞护理 60分钟
(含10分钟头、手、肩按摩)

香 SPA

地址: 北京朝阳区香江北路1号, 香江乡村俱乐部
Address: Riviera Country Club, No. 1 Xiang Jiang Bei Lu,
Chao Yang District, China
电话 (Contact): 84503392 / 84506888-304

SunDesign

品牌推广: 新加坡升阳品牌设计(北京)有限公司
Tel: +86 010 5746 9236
www.sun-design.cn

Puzzle Games

益智小游戏



R	M	S	H	E	H	R
R	L	G	R	C	S	I
G	O	G	E	E	A	P
O	I	E	G	I	H	A
T	L	W	O	R	C	T
R	O	A	C	H	L	N
C	A	R	M	C	A	S
L	A	G	S	I	M	P

LEECH CLAM CROW
TAPIR TIGER ROACH

C	A	G	O	V	O	E	B
D	L	M	I	A	C	N	A
P	A	N	A	M	A	I	I
N	M	I	G	R	D	A	D
S	E	O	T	N	S	R	O
P	T	G	A	A	O	K	B
A	A	O	V	G	O	U	M
I	U	T	N	L	A	R	A
N	G	O	U	T	Z	O	C
Z	C	O	O	G	R	I	E

PANAMA GUATEMALA SPAIN
UKRAINE CAMBODIA OMAN
CROATIA TOGO CONGO

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Expert



Beijing Riviera Gym,
Fitness Centre & other amenities

Beijing Riviera Country Club
Service Guide

Commercial
Shops & Services

Weight Training & Cardio Equipment

Tel: 8450 6888 - ext 233
Opens everyday 06:00-22:00

Enjoy our new weight training equipment while working every part of your body. So whether it's curling, pressing, benching or squatting, you'll have a variety of ways to shape your physique. Come and see everything we have to offer.

Cardio exercise should be part of your exercise routine and we offer equipment to help you keep going.

Personal Training

Take the guesswork out of your fitness plan. In our personal training program, you'll learn the right way to eat and exercise, allowing you to achieve your goals faster.

Group Exercise Classes (Sports Hall)

Get motivated and inspired by participating in a Group Exercise class. Make Group Exercise part of your regular health and fitness routine. Most classes are free with your Beijing Riviera Membership.

Other Amenities

Our club feature other great amenities to keep your workouts challenging and fun. Join a pickup game, basketball or practice your swim stroke technique... there are lots of ways to exercise and have fun at Beijing Riviera. (Reservations required, please contact the fitness centre at 8450 6888 - ext 223

After Your Workout

Enjoy the rewards of all your hard work - before and after you exercise. Relax muscles, sweat out toxins, relieve stress, or simply daydream about your next vacation.

Home Catering

Tel: 8450 6888 - ext 224

At Beijing Riviera Catering, our customers will always come first and we welcome any questions or concerns you may have. We look forward to working for you and having you as our customer for many years to come!

Benefits:

You save precious time not going to supermarket shopping for your function's need.

You need not have to worry about cooking and washing when the function ends.

You would save valuable time and money on food consumption for your catering needs.

Service Apartments

Tel: 8450 6888

Whenever you have friends, families, or business associates visiting, remember that we have fully furnished 2 bedroom suites available for rent, at the convenience of your guests. In addition to daily housekeeping and room service, all overnight guests enjoy temporary membership at the Club throughout the time of their stay.

Business Center

Tel: 8450 6888 - ext 107

The solution to all your web-based and communication needs. Our friendly staff will assist you in sending fax, photocopied, printing, scanning and courier services. Or you might want to visit the business center just to connect to the internet.

Resident Service Center

24 hour service, everyday.
Tel: 8450 6333

A central location where we attempt to answer your questions regarding your home or around Beijing Riviera. We are proud to offer emergency maintenance service 24 hours a day, 7 days a week. Yes we will be there for you even on weekends and holidays.

John's Brothers Arts & Crafts

Tel: 8450 6927

Opens everyday 10:00-18:30
Find precious & semi precious stones, fresh & saltwater pearls at John's Brothers Arts & Crafts. We also design, repair and create jewelry, cushions, and home accessories. We also offer appraisal & consulting services.

Jamaica Blue Cafe

Tel: 8450 6596
Opens everyday
07:00 - 20:00

At Jamaica Blue Cafe we pride ourselves in offering fine coffees. House Blend from Jamaica, Ethiopia, India, Brazil, East Timor, Nicaragua, Guatemala, Honduras, Mexico - each with their bean's unique properties.

CITEE Golf Center

Tel: 8430 8226
Opens everyday
08:00 - 20:00

Situated east of the clubhouse, a 42 bay open air range, illuminated for evening play. A rough area with sand traps and bunkers surrounds the putting green, a perfect place to practice putting, chipping, and pitching. Locker room facilities and mini cafe are available at the Golf Center.

康辉旅游CCT

Opens everyday

10:00 - 18:30

Tel: 64366629 / 58677702

Domestic Travel, International Travel,
Visa Application, Tickets Booking Group
Tour, Hotel Booking, Personalized Tour
, Car Rental

Simon Hair Studio

Tel: 8450 6888 -ext 112

17800816040

Opens Tuesday to Sunday

10:00-19:00

A team of international professionals who
have been serving the Beijing Community
for over 30 years, continue to provide a
range of creative and innovative hairdress-
ing services in a relaxed and friendly
atmosphere.

April Gourmet Supermarket (Xiangjiang Store)

Tel: 8450 6882

Opens everyday

08:00 - 22:00

A one-stop shop for all daily and last
minute household needs. Fresh meals are
also available at the Butcher's counter in
the supermarket.

千禧国际酒店集团

Millennium & Copthorne Hotels

Global Sales

sales@grandmillenniumbeijing.com

Xiang Spa & Massage

Opens Tuesday to Sunday

10:00-20:00

Tel: 8450 6888 - ext 304

A place to allow your body, mind and soul to
be nurtured and rejuvenated, manned by a
team of experienced therapists and
masseurs, we strive to provide you with the
best body care, facial treatment and aroma-
therapy services.

Meng Arts

Tel: 010-84182311

Opens Tuesday-Sunday

10:00 - 20:00

Saveur

Tel: 8450 6789

Opens Tuesday to Sunday

11:00-22:00

The Kitchen

Tel: 18514005219

Opens Tuesday-Sunday

11:00 - 20:00

Hi Sushi

Tel: 010-84357511

Tuesday closed

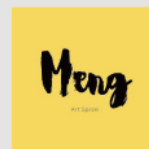
11:30 - 21:30



Riviera Eventchannel



Club Members



RICCITELLI

马尔贝克共和国

威尔·史密斯电影
《焦点》里
风光出镜的老藤单一
园马尔贝克 来自
拥有两个“阿根廷年度
酿酒师”头衔的的 RICCITELLI

2016
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DEL
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DEL MALBEC
LAS COMPUERTAS
VINO DE FINCA EN PIE FRANCO
RICCITELLI

