

BUZZ

May & June 2023

BEIJING RIVIERA COMMUNITY MAGAZINE





BEIJING RIVIERA

Administration & Payment Center

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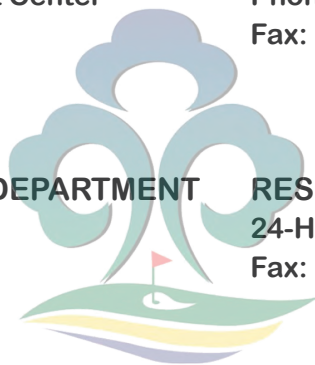
CLUBHOUSE

Phone: 8450-6888

Fax: 8450-6999

GOLF CENTER

Phone: 8430-8226



BEIJING RIVIERA

No.1 Xiang Jiang Beilu Chao Yang District Beijing 100103, P.R. China

Website: www.bjriviera.com



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Clubhouse Operation Hours 俱乐部营业时间

Clubhouse 俱乐部

Sunday-Thursday 07:00 - 22:00
Friday - Saturday 07:00 - 23:00

Business Center 商务中心

Daily 09:00-18:00

Fitness Center 康体中心

Monday-Friday 06:00 - 22:00
Saturday - Sunday 07:00 - 22:00

Indoor Pool 室内游泳池

Monday-Friday 06:00 - 22:00
Saturday - Sunday 07:00 - 22:00

Outdoor Pool 室外游泳池

Sunday-Thursday 08:00 - 19:00
Friday - Saturday 08:00 - 20:00
(Winter is closed)



Message from the General Manager

Dear Members,

尊敬的各位会员：

With the weather heating up so are the activities here at Riviera. We are happy to see that our live music events are a big hit, so our up and coming funk night will be on the 20th of May. The week after that, we are holding our first Spring Scramble Golf Tournament at the beautiful Mandarin Orient Pearl golf club with dinner and prize giving after. The proceeds from this event will also be going towards supporting the Migrant Children's Foundation in their ongoing efforts to enhancing the lives of migrant children across Beijing.

随着天气的升温，香江俱乐部的活动也在迅速升温。我们很高兴地看到，香江组织的现场音乐活动成为新春大热门。5月20日将延续精彩，届时欢迎您前来参加魅力四射的放克之夜。而此后的第二周是香江俱乐部与东方明珠高尔夫俱乐部举行第一届春季高尔夫赛，晚宴和颁奖仪式安排在比赛结束后举行。这次活动的收益还将用于支持农民工子弟儿童基金会，继续努力改善在北京生活的农民工子弟儿童的生活。

If you frequent the fitness center you would have noticed we teamed up with Propud to bring you supplements to help get the most out of your exercise and with all the new equipment in the gym there is no better time. To help along with this we have also included a 12 week workout program as well in this issue to get you on track. Should you wish to try something different why not sign up to one of our new dance or self-defense classes.

如果你经常去健身中心，您会注意到我们和Propud合作，为你带来能量补充剂，帮助你充分结合锻炼，有效提升锻炼效果。看看健身房里的新设备，快来加入健身吧。我们推出了一个12周的锻炼计划，帮助您一步步进入最佳状态。如果你想尝试一些不同，何不试试报名参加我们的新舞蹈课或自卫课程呢？

With so much going on in the clubhouse now its hard to keep track so I would recommend signing up to our official WeChat account to stay up to date and should you have any question don't hesitate to ask any one of our staff.

香江俱乐部组织诸多活动，建议您注册并关注微信官方账户以获取最新信息。如果您有任何疑问，随时欢迎您咨询我们的工作人员。

Yours sincerely

您诚挚的，

Kenny Hon

韩英杰

JOURNEY THROUGH MUSIC PRESENTS

RIVIERA Funk Night

DATE MAY 20TH

EARLY BIRD 500RMB

FREE FLOW

COCKTAILS AND WINE

8PM-MIDNIGHT

LIVE FUNK BAND FROM

9PM-MIDNIGHT



Beijing Riviera Country Club
No.1 Xiang Jiang North Rd

BOOKING



SPRING SCRAMBLE GOLF TOURNAMENT



SCHEDULE

12:15 REGISTER

12:45 GROUP PHOTO AND NETWORK

1:30 TEE OFF

18:30 AWARD DINNER AND PRIZES

SCAN CODE FOR MORE
INFORMATION



MAY 27TH
IN SUPPORT OF
MIGRANT CHILDREN
IN BEIJING THROUGH
MCF

ORIENT PEARL GOLF CLUB

ENTRY FEE

GOLF AND DINNER 1150 RMB PER
PERSON

INCLUDES: COURSE

REFRESHMENTS, LOCKER, CADDY,
GREEN FEE, BUFFET DINNER AT
THE PEARL GOLF CLUB

TOURNAMENT FORMAT

2 MAN SCRAMBLE

JOIN RIVIERA'S FIRST INFORMAL SPRING
GOLF TOURNAMENT.

MORE FOCUSED ON BRINGING THE GOLF
COMMUNITY TOGETHER FOR A FUN DAY
OF GOLF ON THE NEWLY RENOVATED
GREENS OF THE BEIJING ORIENT PEARL
COUNTRY CLUB

EVENTS ROUNDS-UP

Riviera Dancing Party

2023.03.12

Riviera started up its dance classes in March bringing the world of dance to our members and residents. Starting with a month of swing we then moved on to cha cha cha, all under the guidance and expertise of our varying resident teachers and their apprentices. With each month being a new dance, participants can get a feel for a wide range of dances and decide on what style they like best. After this we will be doing more focused classes on specific styles depending on people's preferences. If you haven't tried a class yet it comes highly recommended by all those who have.



EVENTS ROUNDS-UP

Riviera Jazz Night

2023.03.25



Riviera held its first live music event since the beginning of covid in the form of a jazz night. There was a jazz duet in the form of a pianist and singer and the lobby was filled to capacity. The combination of great live music and free flow cocktails meant that people couldn't help but have a good time and by the end of it the music had everyone out of their seats and dancing. The event was such a success there are now countless requests to make it a regular occurrence which is something to look forward to in the near future.



Spring Fundraiser

2023.04.01

Beijing Riviera EMO held the spring 'love in riviera' fundraiser on 1st April at east lake with about 30 small vendors joining. After the events many children donated goods to the roundabout Let's give thanks to the children for their love and generosity and look forward to the next one.



EVENTS ROUNDS-UP

Easter Egg Hunt

2023.04.09

As per tradition, Riviera held its annual Easter egg hunt which was once again a great success. A throng of children took to our greens to hunt down some 3000 eggs that the staff had worked tirelessly to distribute. With the great variation of gifts from sweets and chocolates to toys and jewellery, the kids were happier than ever this year. In addition we also teamed up with the Migrant Children Foundation (an organisation devoted to bettering the lives of migrant kids in Beijing) to provide a range of arts and crafts and games to keep the kids occupied after the egg hunt. In the mean time parents perused the range of products available from our weekend Easter Market so there really was something for everyone.



Happy
Easter



Congratulations to the winners



EVENTS ROUNDS-UP



fluid bear



live animals



touch and guess



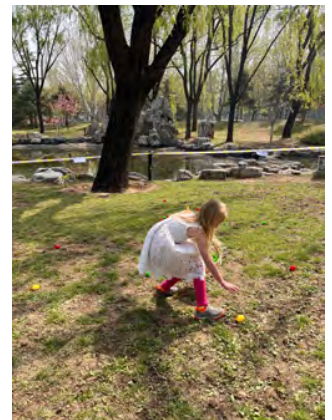
skateboarding experience



carton maze



happy time



12 Week Complete Fat Loss Workout & Diet Program

The 12 Week Diet Plan

Each week will consist of 3 different types of eating days.

- **High Carb Days** - 1 day per week
- **Moderate Carb Days** - 3 days per week
- **Low Carb Days** - 3 days per week

You may structure these days in any preferred manner. I suggest keeping the high carb day for special occasions. That way you can attend family functions, or eat out with friends, and indulge a little more than normal.

It should be noted that calorie intake can be adjusted based on metabolism. The follow changes are recommended:

- **Men 40+** - Reduce daily calories by 300.
- **Men 20-25** - Increase daily calories by 300.
- **Women 40+** - Reduce daily calories by 200.
- **Women 20-25** - Increase daily calories by 200.

12 Week Eating Plan for Men

- **Week 1** - 3 low carb days with 2300 calories, 3 moderate carbs days with 2400 calories, 1 high carb day of 2700 calories.
- **Week 2** - 3 low carb days with 2200 calories, 3 moderate carbs days with 2400 calories, 1 high carb day of 2700 calories.
- **Week 3** - 3 low carb days with 2100 calories, 3 moderate carbs days with 2400 calories, 1 high carb day of 2700 calories.
- **Week 4** - 3 low carb days with 2000 calories, 3 moderate carbs days with 2400 calories, 1 high carb day of 2700 calories.
- **Week 5** - 3 low carb days with 2300 calories, 3 moderate carbs days with 2300 calories, 1 high carb day of 2700 calories.
- **Week 6** - 3 low carb days with 2200 calories, 3 moderate carbs days with 2300 calories, 1 high carb day of 2700 calories.
- **Week 7** - 3 low carb days with 2100 calories, 3 moderate carbs days with 2300 calories, 1 high carb day of 2700 calories.
- **Week 8** - 3 low carb days with 2000 calories, 3 moderate carbs days with 2300 calories, 1 high carb day of 2700 calories.
- **Week 9** - 3 low carb days with 2300 calories, 3 moderate carbs days with 2200 calories, 1 high carb day of 2700 calories.
- **Week 10** - 3 low carb days with 2200 calories, 3 moderate carbs days with 2200 calories, 1 high carb day of 2700 calories.
- **Week 11** - 3 low carb days with 2100 calories, 3 moderate carbs days with 2200 calories, 1 high carb day of 2700 calories.
- **Week 12** - 3 low carb days with 2000 calories, 3 moderate carbs days with 2200 calories, 1 high carb day of 2700 calories.

Protein intake should be a minimum of 180 grams per day. If you are a bigger guy, or have a fair amount of muscle mass, then eat 200 to 220 grams of protein per day. If you eat a little more protein the drop your daily fat intake to make up for the calories.

Fat intake should be approximately 20-30% of your daily calories. Once you have determined your daily calories from proteins and fats, fill in your eating plan with **carbohydrates**.

Also, you are allowed up to 10% of your daily calories from dirty foods/junk foods. You do not have to eat any junk if you prefer. This option exists as a convenience, should you be battling a craving, or attending a social gathering where you would prefer to have a small snack.

12 Week Eating Plan for Women

- **Week 1** - 3 low carb days with 1500 calories, 3 moderate carbs days with 1600 calories, 1 high carb day of 1900 calories.
- **Week 2** - 3 low carb days with 1400 calories, 3 moderate carbs days with 1600 calories, 1 high carb day of 1900 calories.
- **Week 3** - 3 low carb days with 1300 calories, 3 moderate carbs days with 1600 calories, 1 high carb day of 1900 calories.
- **Week 4** - 3 low carb days with 1200 calories, 3 moderate carbs days with 1600 calories, 1 high carb day of 1900 calories.
- **Week 5** - 3 low carb days with 1500 calories, 3 moderate carbs days with 1500 calories, 1 high carb day of 1900 calories.
- **Week 6** - 3 low carb days with 1400 calories, 3 moderate carbs days with 1500 calories, 1 high carb day of 1900 calories.
- **Week 7** - 3 low carb days with 1300 calories, 3 moderate carbs days with 1500 calories, 1 high carb day of 1900 calories.
- **Week 8** - 3 low carb days with 1200 calories, 3 moderate carbs days with 1500 calories, 1 high carb day of 1900 calories.
- **Week 9** - 3 low carb days with 1500 calories, 3 moderate carbs days with 1400 calories, 1 high carb day of 1900 calories.
- **Week 10** - 3 low carb days with 1400 calories, 3 moderate carbs days with 1400 calories, 1 high carb day of 1900 calories.
- **Week 11** - 3 low carb days with 1300 calories, 3 moderate carbs days with 1400 calories, 1 high carb day of 1900 calories.
- **Week 12** - 3 low carb days with 1200 calories, 3 moderate carbs days with 1400 calories, 1 high carb day of 1900 calories.

For women, protein intake should be a minimum of 100 grams per day. If you are in good shape and have a fair amount of muscle mass, then eat 120 grams of protein per day. If you eat a little more protein the drop your daily fat intake to make up for the calories.

Fat intake should be approximately 20-30% of your daily calories. Once you have determined your daily calories from proteins and fats, fill in your eating plan with carbohydrates.

Also, you are allowed up to 10% of your daily calories from dirty foods/junk foods. You do not have to eat any junk if you prefer. This option exists as a convenience, should you be battling a craving, or attending a social gathering where you would prefer to have a small snack.

The 12 Week Cardio Plan

It doesn't matter which form of cardio you use for these 12 weeks. Pick something that gets your heart moving, be it treadmill, elliptical, or swimming.

The first thing you will notice about this cardio plan is that it starts slow. That's ok. Right now you are out of shape. This program is designed to get you in shape over the course of 12 weeks.

Be patient. Trust the plan and stick to the plan. After the end of 12 weeks your level of conditioning may surprise you.

During the first 6 weeks take at least one day of rest between cardio workouts. After week 6 it is recommended that you perform cardio using a 2 days on, 1-2 days off pattern.

- **Week 1** - 3 cardio sessions. 5, 8 and 5 minutes.
- **Week 2** - 3 cardio sessions. 8, 10 and 8 minutes.
- **Week 3** - 3 cardio sessions. 10, 12 and 10 minutes.
- **Week 4** - 3 cardio sessions. 12, 15 and 12 minutes.
- **Week 5** - 3 cardio sessions. 15, 20 and 15 minutes.
- **Week 6** - 3 cardio sessions. 20, 20 and 20 minutes.
- **Week 7** - 4 cardio sessions. 20, 22, 20 and 22 minutes.
- **Week 8** - 4 cardio sessions. 22, 25, 22 and 25 minutes.
- **Week 9** - 4 cardio sessions. 25, 27, 25 and 27 minutes.
- **Week 10** - 4 cardio sessions. 27, 30, 27 and 30 minutes.
- **Week 11** - 4 cardio sessions. 30, 35, 30 and 35 minutes.
- **Week 12** - 4 cardio sessions. 35, 40, 30 and 45 minutes.

12 Week Gym Workout Split

You will be using an upper/lower workout during the next 12 weeks. Rep schemes are merely guidelines.

When a weight becomes manageable using the given set and rep schemes, add weight to the bar. For sake of convenience, use the same weight for each of the sets for a given exercise.

- **Day 1** - Upper A
- **Day 2** - Lower A
- **Day 3** - Off
- **Day 4** - Upper B
- **Day 5** - Lower B
- **Day 6** - Off
- **Day 7** - Off

Upper A

Exercise	Sets	Reps
Incline Bench Press	3	8-10
One Arm Dumbbell Row	3	10-12
Seated Barbell Press	3	8-10
Pull Ups	3	10
Skullcrushers	3	10-12
Dumbbell Curl	3	10-12

Lower A

Exercise	Sets	Reps
Squats	3	8-10
Leg Curl	3	12-15
Leg Extension	3	12-15
Leg Press Calf Raise	3	15-20
Plank	3	60 sec
Twisting Hanging Knee Raise	3	20

Upper B

Exercise	Sets	Reps
Dumbbell Bench Press	3	10
Barbell Row	3	8-10
Dumbbell Lateral Raise	3	12-15
Lat Pull Down	3	10-12
Cable Tricep Extensions	3	10-12
EZ Bar Preacher Curl	3	10-12

Lower B

Exercise	Sets	Reps
Leg Press	3	15-20
Stiff Leg Deadlift	3	8-10
Walking Dumbbell Lunge	3	10
Seated Calf Raise	3	15-20
Cable Crunch	3	20

Calendar of Fitness Activities for May & June 2023

Monday	Tuesday	Wednesday	Thursday
<p>Body Combat 莱美搏击操</p> <p>(Liu De Wei) 08:30-09:30 (Free for members)</p> <p>Yoga 瑜伽</p> <p>(Wang Xing Yu) 09:40-10:40 (Free for members)</p>	<p>Body Combat 莱美搏击操</p> <p>(Wu Pei) 08:30-09:30 (Free for members)</p> <p>Body Pump 杠铃操</p> <p>(Wu Pei) 09:40-10:40 (Free for members)</p>	<p>Zumba 尊巴</p> <p>(Sun Lin Lin) 08:30-09:30 (Free for members)</p> <p>Latin Dance 拉丁舞</p> <p>(Gao Lu) 09:40-10:40 (Free for members)</p>	<p>Body Pump 杠铃操</p> <p>(Wu Pei) 08:30-09:30 (Free for members)</p> <p>Body Combat 莱美搏击操</p> <p>(Wu Pei) 09:40-10:40 (Free for members)</p>



Friday	Saturday	Sunday	
<p>Zumba 尊巴</p> <p>(Miao Miao) 08:30-09:30 (Free for members)</p> <p>Yoga 瑜伽</p> <p>(Cheng Yi Hang) 09:40-10:40 (Free for members)</p>	<p>Yoga 瑜伽</p> <p>(Wang Xing Yu) 08:30-09:30 Member: RMB 30/P.P Non-member: RMB 80/P.P</p> <p>Pilates 普拉提</p> <p>(Cheng Yi Hang) 09:40-10:40 Member: RMB 30/P.P Non-member: RMB 80/P.P</p>	<p>Body Pump 杠铃操</p> <p>(Wu Pei) 08:30-09:30 (Free for members)</p> <p>Zumba 尊巴</p> <p>(Wu Jing) 09:40-10:40 (Free for members)</p>	<p>If there are any changes, we will inform our members at the Fitness Center</p>



PET CORNER



PET NAME" ABU
PET PARENT: YAN
BIRTHDAY: JUNE 26,2020



ABU LIKES FOOD,
OTHER DOGS, KIDS
RUNNING WITH TRICYCLES



HE DOESN' T LIKE BEING
LEFT ALONE



Food Vouchers Promotion



Clean Water Package With Valuable Gift

Elavo Drinking Water Purifier



¥2,988/Year

Free installation (Valued ¥200)

Free filter change (Valued ¥1840)

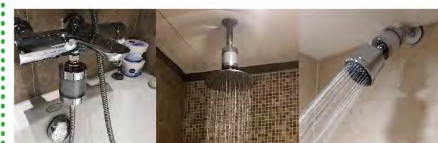
For Rental Drinking Water Purifier only

FREE GIFT



ShowerKingX Shower Filter

Valued ¥798



Water Filters & Softeners



Single Stage
10"
Central Filter
¥1,280



3-Stage
20"
Central Filter
¥4,800



Central
Water Softener
WS150
¥13,800
¥10,660



UltraShower
Shower Filter
& Softener
¥3,280
¥2,624

Your Water & Air Filtration Service for over a Decade!

专业净水与空气净化 十年经验 值得信赖!

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0755-2668 3852(Shenzhen)

Mobile(24/7): 136 2193 5343
021-3331 5007(Shanghai)
020-8700 6486(Guangzhou)





2023年5-6月份推广

MAY - JUNE 2023 PROMOTION

美甲活动推广

NAIL TREATMENT PROMOTION

做任意一款彩绘只需

NAIL DECORATION FOR ONLY

(必须附加于甲油胶之上)

(MUST SUBSCRIBED ON TOP OF SHELLAC TREATMENT)

¥100

原价 ¥200

ORIGINAL ¥200

艾灸活动推广

MOXIBUSTION PROMOTION

完成任何60分钟或
以上项目可以享受

优惠 ¥60 减免

ENJOY ¥60 DISCOUNT FOR ANY 60+ MINUTES TREATMENT

香 SPA

地址：北京朝阳区香江北路1号, 香江乡村俱乐部

Address: Riviera Country Club, No. 1 Xiang Jiang Bei Lu,
Chao Yang District, China

电话 (Contact): 84503392 / 84506888-304

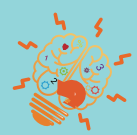
SunDesign

品牌推广：新加坡升阳品牌设计(北京)有限公司

Tel: +86 010 5746 9236

www.sun-design.cn

Puzzle Games
益智小游戏



B	N	K	M	T	K	K
A	K	R	B	U	O	A
B	A	M	M	R	A	N
O	T	U	N	K	L	G
O	L	Y	N	E	A	A
N	T	I	T	Y	E	R
L	L	H	O	H	H	O
A	H	R	B	N	R	O

BABOON RHEA KANGAROO
TURKEY KOALA LION

C	A	R	H	Y	G	U	F
N	L	O	T	C	E	I	Y
I	M	S	E	D	E	L	R
C	O	E	M	E	R	E	L
R	N	M	R	G	T	R	B
P	D	A	H	N	R	U	E
F	E	R	T	A	I	A	L
P	L	Y	S	R	F	L	P
N	I	H	G	O	C	O	R
L	E	M	O	N	O	R	D

ALMOND ASH ORANGE
BEECH LAUREL ROSEMARY
FIRTREE LEMON PEAR


							3	
1	2		3	4	8		5	
8					9	1		
		6		3		7		
	5	8	7	1	6	4		
						3		
			4		2			7
6				7	1			3
7	9						2	1

Hard

		1				5		
					7		3	
		3	2		6		7	
			8					
	5			1	9	8		
	9				5			2
	1					9		
9							2	5
				6	2		4	

Expert

House keeping Services 客房部清洁报价

 House Cleaning Services 房间清洁服务项目	Items 类型	Contents 内容			Price 价格
	General cleaning before move-in 入住前大清洁	glass, windowsill, wall, floor, carpets, furnitures, household appliances, air-conditioner vent, stairs, ware, balcony 玻璃.窗台.墙面.地面.地毯吸尘.家具.家电.通风口.楼梯.洁具.阳台.灶台			1200-2300RMB
	General cleaning after renovation 装修后大清洁	glass, windowsill, wall, ground, furniture, electrical equipment, air-conditioner vent, ware, balcony, kitchen range 玻璃.窗台.墙面.地面.家具.家电.通风口.洁具.阳台.灶台			1500-2600RMB
	non vacant unit cleaning 居住中保洁	ground, wooden ground floor, furniture, bathroom-walls, ware, kitchen floor, wall, electrical equipment, balcony 地面.木地板.家具.浴室墙面.洁具.厨房地面.墙面电器.阳台			310-600RMB
	vacant unit normal cleaning 3times/month 空房保洁 (每月三次)	wall, carpet, furniture, electrical equipment, bathroom glass, kitchen, balcony 地面.地毯.家具.家电.淋浴玻璃.厨房台面.阳台			270-550RMB
Marble floor crystals/wax 大理石结晶/打蜡	Marble floor crystals/-wax 大理石结晶/打蜡	buffing, maintenance 抛光, 维护保养			35-55RMB/sqm
Wash sofa 沙发清洗	single, double & three seat 单座.双座.三座沙发	normal chairs, sofa cover cleaning, leather sofa 椅子, 沙发套清洗, 皮沙发保养			70-165RMB/sqm
Wood floor waxing 木地板打蜡	solid & laminated wood floor 实木, 复合木地板	wax, buffing, washing 打蜡, 抛光, 去渍			35RMB/sqm
Courtyard cleaning 冲洗院落	ground cleaning, pruning 地面清洗, 修剪	tables and chairs cleaning, plants, waste removal 桌椅清洗, 花草, 垃圾清运 (除建筑垃圾)			250-500RMB/sqm
Spray disinfection 喷洒式消毒	ground, wall, enclosure 地面, 墙面, 围栏	room, shower room, balcony, courtyard floor 房间, 浴室, 阳台, 庭院地面			7RMB/sqm
Single service contents 单项服务内容	clean fume hood 220/pcs 洗油烟机220元/个	clean light shades 350/room 清洗灯池350元/间	electrical multi socket 10/day 接线板10元/天	iron & ironing board 10/day 熨斗, 熨板15元/天	
	clean window 60/window 擦玻璃60元/窗	clean glass door 240/set 擦玻璃门240元/组	clean toilet bowl 70/pcs 清洁恭桶70元/个	marble floor polish 55/sqm 结晶55元/平米	
	clean metal blinds 100/pcs 清洁百叶窗100元/个	clean extractor fan 40/pcs 清洁排风扇40元/个	single bed rental 100/day 单人床出租100元/天	wash carpet 25/sqm 洗地毯 25元/平米	

For more information, please dial 8450-6888

欢迎拨打8450-6888了解更多详情。



Beijing Riviera Gym,
Fitness Centre & other amenities

Beijing Riviera Country Club
Service Guide

Commercial
Shops & Services

Weight Training & Cardio Equipment

Tel: 8450 6888 - ext 233
Opens everyday 06:00-22:00

Enjoy our new weight training equipment while working every part of your body. So whether it's curling, pressing, benching or squatting, you'll have a variety of ways to shape your physique. Come and see everything we have to offer.

Cardio exercise should be part of your exercise routine and we offer equipment to help you keep going.

Personal Training

Take the guesswork out of your fitness plan. In our personal training program, you'll learn the right way to eat and exercise, allowing you to achieve your goals faster.

Group Exercise Classes (Sports Hall)

Get motivated and inspired by participating in a Group Exercise class. Make Group Exercise part of your regular health and fitness routine. Most classes are free with your Beijing Riviera Membership.

Other Amenities

Our club feature other great amenities to keep your workouts challenging and fun. Join a pickup game, basketball or practice your swim stroke technique... there are lots of ways to exercise and have fun at Beijing Riviera. (Reservations required, please contact the fitness centre at 8450 6888 - ext 223)

After Your Workout

Enjoy the rewards of all your hard work - before and after you exercise. Relax muscles, sweat out toxins, relieve stress, or simply daydream about your next vacation.

Home Catering

Tel: 8450 6888 - ext 224

At Beijing Riviera Catering, our customers will always come first and we welcome any questions or concerns you may have. We look forward to working for you and having you as our customer for many years to come!

Benefits:

You save precious time not going to supermarket shopping for your function's need.

You need not have to worry about cooking and washing when the function ends.

You would save valuable time and money on food consumption for your catering needs.

Service Apartments

Tel: 8450 6888

Whenever you have friends, families, or business associates visiting, remember that we have fully furnished 2 bedroom suites available for rent, at the convenience of your guests. In addition to daily housekeeping and room service, all overnight guests enjoy temporary membership at the Club throughout the time of their stay.

Business Center

Tel: 8450 6888 - ext 107

The solution to all your web-based and communication needs. Our friendly staff will assist you in sending fax, photocopied, printing, scanning and courier services. Or you might want to visit the business center just to connect to the internet.

Resident Service Center

24 hour service, everyday.
Tel: 8450 6333

A central location where we attempt to answer your questions regarding your home or around Beijing Riviera. We are proud to offer emergency maintenance service 24 hours a day, 7 days a week. Yes we will be there for you even on weekends and holidays.

John's Brothers Arts & Crafts

Tel: 8450 6927

Opens everyday 10:00-18:30
Find precious & semi precious stones, fresh & saltwater pearls at John's Brothers Arts & Crafts. We also design, repair and create jewelry, cushions, and home accessories. We also offer appraisal & consulting services.

Jamaica Blue Cafe

Tel: 8450 6596
Opens everyday
07:00 - 20:00

At Jamaica Blue Cafe we pride ourselves in offering fine coffees. House Blend from Jamaica, Ethiopia, India, Brazil, East Timor, Nicaragua, Guatemala, Honduras, Mexico - each with their bean's unique properties.

CITEE Golf Center

Tel: 8430 8226
Opens everyday
08:00 - 20:00

Situated east of the clubhouse, a 42 bay open air range, illuminated for evening play. A rough area with sand traps and bunkers surrounds the putting green, a perfect place to practice putting, chipping, and pitching. Locker room facilities and mini cafe are available at the Golf Center.

康辉旅游CCT

Opens everyday
10:00 - 18:30
Tel: 64366629 / 58677702

Domestic Travel, International Travel,
Visa Application, Tickets Booking Group
Tour, Hotel Booking, Personalized Tour
, Car Rental

Simon Hair Studio

Tel: 8450 6888 -ext 112
17800816040
Opens Tuesday to Sunday
10:00-19:00

A team of international professionals who
have been serving the Beijing Community
for over 30 years, continue to provide a
range of creative and innovative hairdress-
ing services in a relaxed and friendly
atmosphere.

April Gourmet Supermarket (Xiangjiang Store)

Tel: 8450 6882
Opens everyday
08:00 - 22:00

A one-stop shop for all daily and last
minute household needs. Fresh meals are
also available at the Butcher's counter in
the supermarket.

千禧国际酒店集团

Millennium & Copthorne Hotels
Global Sales
sales@grandmillenniumbeijing.com

Xiang Spa & Massage

Opens Tuesday to Sunday
10:00-20:00
Tel: 8450 6888 - ext 304

A place to allow your body, mind and soul to
be nurtured and rejuvenated, manned by a
team of experienced therapists and
masseurs, we strive to provide you with the
best body care, facial treatment and aroma-
therapy services.

Meng Arts

Tel: 010-84182311
Opens Tuesday-Sunday
10:00 - 20:00

Saveur

Tel: 8450 6789
Opens Tuesday to Sunday
11:00-22:00

The Kitchen

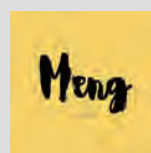
Tel: 18514005219
Opens Tuesday-Sunday
11:00 - 20:00

Charming Thai Kitchen

Tel: 010-84578829
Opens everyday
11:30 - 21:00

Hi Sushi

Tel: 010-84357511
Tuesday closed
11:30 - 21:30



RICCITELLI

马尔贝克共和国

威尔·史密斯电影
《焦点》里
风光出镜的老藤单一
园马尔贝克 来自
拥有两个“阿根廷年度
酿酒师”头衔的 RICCITELLI

2016
REPÚBLICA
DEL MALBEC
LAS COMPUERTAS
VINO DE FINCA EN PIE FRANCO
RICCITELLI

